



MAHARASHTRA

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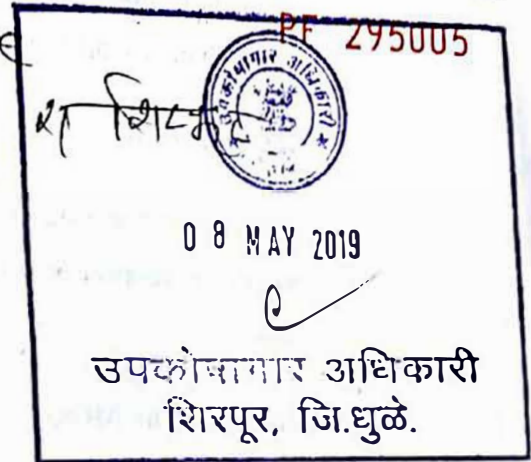
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विनय गजानन बरोव पवार

शिरपुर, जि. धुळे

५०९

बारकु ओंकार मालुचे
मुद्राक विक्रेता सहसिल आग्रा
शिरपुर, जि. धुळे परवाना क्र. १/९



‘Memorandum of Understanding’ (MOU)

Between

RCPET's R.C Patel Arts Science and Commerce College, Shirpur, Dhule (MH)

And

Physical Education foundation of India (PEFI), Shirpur (MH)

For conducting/organizing Physical Education, Sports, Health awareness related activities in the Shirpur Region

Purpose of the MOU

Both the above said bodies are agreed to conduct following activities in collaboration with each for the development of the Physical Education, Sports and Health & fitness awareness in the Shirpur as well as North Maharashtra Region.



1. Both the above said bodies are agreed to organize various physical education, Sports and Health & fitness awareness programs/ camp/workshop/seminar/conference in collaboration with each other in Shirpur as well as in North Maharashtra Region.
2. Both the above said bodies are agreed for exchange of resource persons for conducting programs/ camp/workshop/seminar/conference in collaboration with each other in Shirpur as well as North Maharashtra Region.
3. Both the above said bodies are agreed for organizing sports related activities/tournament/ championship/Marathon/Cycle rally for the benefit of the society.
4. Both the above said bodies in mutual understanding, going to conduct various health awareness programs such as health checkup/awareness rally/education program time to time for schools, colleges & institutes.
5. Both the above said bodies in mutual understanding, going to conduct other Physical Education, Sports and Health & fitness awareness programs with the support of other PEFI chapter working in this area.

Representative

Both the above said bodies will appoint a representative person from either side to handle/ execution of all the activities or program for which the MOU is going to be done.

Tenure of the MOU

The MOU w.e.f the date of the signature of both representatives of the bodies and remain continues till the date one of the authority want to discontinue the MOU. For the discontinuity of the MOU one month prior information should be given from either side.

Date- 17/05/2019

Signature



Dr. Vinay Pawar
Working Secretary (PEFI)
Shirpur Chapter



Dr. D.R. Patil
RCPET's R.C Patil Arts Science and
Commerce College, Shirpur, Dhule
(MH)





R. C. Patel Educational Trust's

R. C. Patel Arts, Commerce and Science College

Karvand Naka, Shirpur 425405, Dist - Dhule, Maharashtra

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President

Hon. Bhupeshbhai Patel

Principal

Dr. D. R. Patil

Name of Institute/Industry :- PEFI-Physical Education Foundation of India

Year of Signing Linkage/ MoU :- 2019

Duration of Linkage/MoU :- 05 Years

List of Activities carried out under MoU with PEFI-Physical Education Foundation of India

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Authorized signatures:

Dr. VINAY PAWAR
(JOINT Secretary)

Physical Education foundation
of India.



PRINCIPAL

R. C. Patel Educational Trust's
R. C. Patel Arts, Commerce and Science College
Shirpur, Dist.-Dhule (M.S.) 425405

National Yoga Day

The college had celebrated 21st June 2019 as the international yoga day. The yoga day was organized with the collaboration with **Physical Education foundation of India (PEFI)**, Shirpur RCPET and SES at the large scale. All the teaching, non-teaching staff, collegiate students and school children was participated and performed the yoga on this occasion. The arts of living instructors were appointed to take the yoga session, in which various Asanas were performed. There were more than 1000 people were gathered on the R C Patel football ground from 7.00 am to 8.30am. The event was very well planned and organized.





Inter School Sport Quiz Competition

The physical education and sports department had organized inter school sports quiz competition on 25th June 2019 under the guidance of **physical education foundation of India, New Delhi with the collaboration of R C Patel arts commerce & science college, Shirpur & H R Patel Mahila College Shirpur**. The inter school quiz competition was organized with purpose of celebration of international Olympic day and brining the awareness among the school children for the Olympic and Indian sports. There were 3 schools from SES's society had invited for participating in this inter school sports quiz competition. Their names were A R Patel CBSE, R C Patel English medium and military school tande, Shirpur. Each team consisted of three students with girl student is compulsory in the team. There were 3 different rounds for the sports quiz competition. Each round had 15 different questions. The pattern of question was based on objective with 4 different options to choose. The program was inaugurated in the presence of Dr, S. Shithole, principal of H R Patel Mahila College, as the chief guest, Mr. Dinesh Rana, Principal M R Patel Military school as the special guest and Mr. Nischal Nair Principal A R Patel CBSE School. The winner of this inter school quiz competition was A R Patel CBSE School, the second position obtained by M R Patel Military school and third was R C Patel English Medium School. The interschool sports quiz competition was well planned and successfully conducted.



Heath Assessment Camp

The physical education and sports department had organized Heath Assessment Camp on 25th & 26 July 2019 under the guidance of **physical education foundation of India, New Delhi with the collaboration of R C Patel Arts, Commerce & Science College, Shirpur**. The girls from first, second & third year BA students were assessed on height, weight, waist to hip ratio, fat percentage, water percentage, bone weight, BMR, BMI, muscular endurance, muscular strength & flexibility variables. There were 150 girls had taken part in this two day health assessment program. The evaluation report was made for each student to find out the current status of the health. Further, the recommendation and suggestion were given to the students for the improvement of the health. **Venue Partner H. R. Patel Mahila College Shirpur**



National Sports Day

29th August 2019 is celebrated as the national sports day in the country. On the occasion of this day RCPET and SES unit's colleges in collaboration with **Physical Education foundation of India (PEFI), Shirpur** had organized intercollegiate football tournament



One day National Workshop on
Physical education & Sports A Need of Collegiate Students

Held at 8th February 2020

Workshop Report

R C Patel Arts, Science & Commerce College Shirpur & Smt. H. R. Patel Arts Mahila, College, Shirpur in collaboration with **Kavayitri Bahinabai Chaudhari North Maharashtra, Jalgaon & Physical Education Foundation of India** has organized one day National Workshop on "Physical Education & Sports: A Need Of Collegiate Students" was held on 8th February 2020. The theme of the workshop keeps an approach to bring all the experts from different part of the nation to come on a single platform to have brainstorm discussion here. And provide a layout to university and colleges for making physical education & sports a part of their curriculum. So that maximum students can come on the ground for their own betterment of health.

The Workshop shall surely serve its purpose and come out with some dynamic approach of making upliftment in the field of physical education. We have planned to host this national event on large scale not only to bring the expertise from different parts of the nation but also providing the scope to the local coaches, trainers and players to learn and change their attitude.

We are very much delighted to report here that we have received a very energetic response and we have received more than 150 registrations from Mumbai, Pune, Jalgaon, Aurangabad, Nagpur, Indore, Amravati, Jammu, and Gujarat in the form of physical education directors, physical education teachers, sports coaches, students, subject teachers & principals.

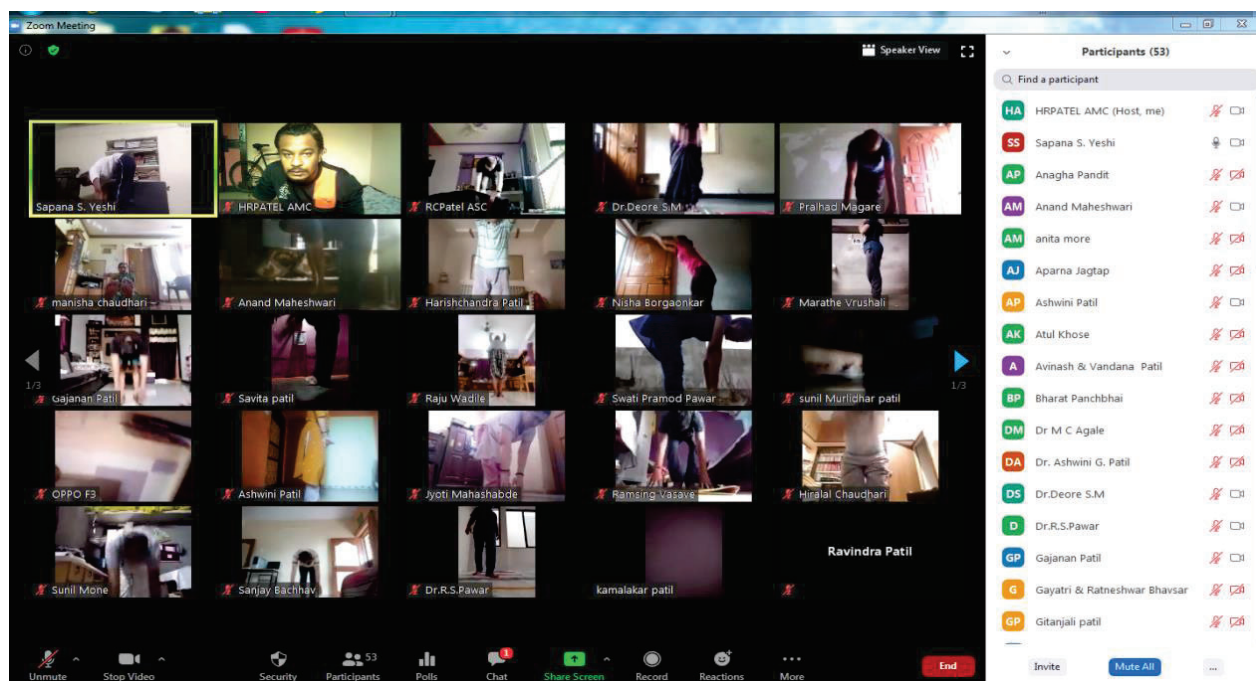
We would like to thank from the bottom of my heart to **Physical Education Foundation of India** for their valuable support and guidance throughout the journey of making this event a successful. This is third in the row we are organizing the events with the support of physical education foundation of India. We have already conducted one national level conference and workshop last year.

We have chief guest Mr Henry Picardo formal Indian football player and Ex Mumbai FC football club manager, we are very much thankful that he has accepted our invitation to be the chief guest of today program from his busy schedule.

We have resource person from Pune Dr Arun F. Shinde a motivational speaker and Dr. Mrs Suverna Shinde Associate Professor SNDT College Dhule who had grace the workshop with their presence and motivated the participants with their presentation.

International Yoga Day

The college had celebrated 21st June 2020 as the international yoga day on the virtual platform as the instruction received from the Govt. of India to celebrated this yoga day on the theme of “**Yoga @ home with the Family members**”. The yoga day was organized with the **collaboration with Physical Education foundation of India (PEFI), Shirpur, RCPET and SES** at the large scale on virtual platform. All the teaching, non-teaching staff, collegiate students and school children was participated and performed the yoga on this occasion. The arts of living instructors were appointed to take the yoga session online, in which various Asanas were performed. There were more than 1000 people were participated and performed the yoga from 7.00 am to 8.30am. The event was very well planned and organized.



National level Webinar

The physical education and sports department had organized national level webinar on the topic ***Sports Specific Strength and Conditioning program*** from 25th June 2020 to 28 June 2020 under the guidance of **Physical education foundation of India, New Delhi, District Sports Office Dhule & Krida Shishka Mahasangh, Maharashtra** with the collaboration of **Smt. H. R. Patel arts Mahila College, Shirpur**. The national level webinar was organized with purpose of providing new trends in term of strength and conditioning program in respect to different games and sports. There were more than 1500 participants were registered from different part of the nation. The program was conducted online on Zoom platform with live streaming on Facebook page where more than 5000 viewers had attended program. The resource persons and experts for the webinar were Dr Kavita Kholgade (badminton), Dr. Rakesh tomar,(long distance running) Dr.Jaiprakash Bhukar(Short Distance), Dr. Ashish Phulkar (handball), Dr. Birendra Jhanjaria (basketball), Dr Kamendra Singh Thakur (kabaddi) and Dr. Narendra Gangwar (football) presented their talk in different sports.

The program was appreciated by Dr Piyush Jain Secretary, PEFI, Anand Pawar Vice President Krida Shishka Mahashang, and Sanjay Sabnis DSO Dhule.